Teq CASE STUDY

Stillwater Township School

Reinventing Elementary Physical Education Through Active Learning



AT A GLANCE

Organization:
- Stillwater Township School

Interviewed:
- **Meghan Earley,** PE Teacher

Focus:
- Active Learning
- Physical Education
- Student Engagement
- Educational Technology

Technology:
- Lü Playground

The Challenge

Physical education teachers frequently struggle with the challenge of making activities inclusive and exciting for every student.

At Stillwater Township School in New Jersey, PE teacher Meghan Earley made it her goal to elevate student engagement across pre-K through 6th grade. With over 18 years of experience as an educator, she has served students with varying interest levels, motor skills, and physical abilities.

The objective was clear: find an educational technology tool that could bridge these gaps without replacing traditional PE standards.

> ***My goal in PE has always been to get kids moving, having fun, and developing skills while creating positive experiences with physical activity that they will hopefully carry with them as they get older... I am always looking for ways to make activities successful and enjoyable for everyone.***





The Solution

In 2021, Stillwater Township implemented the Lü Playground into its curriculum, seamlessly blending digital games with physical activity.

Rather than replacing core physical education, Lü serves as a versatile teaching tool used for:

Fitness & Warm-ups

Motivate learners to get out of their seats and create a positive tone for the entire class.

Skill Development

Promote literacy, strength, and hand-eye coordination through a large library of games, including Twins, Dojo, Target, and more.

Immersive Learning

Educators can transform their gym floor or wall into a custom-themed universe through the Worlds feature within the Lü Community platform.

Instant Adaptability

Easily tailor lessons across various grade levels without complex setup.

> ***I love that students don't think of it as 'exercise.' They think they're playing a game.***

Community Impact



Before integrating active learning technology, the school relied on standard equipment, fitness stations, and traditional PE games. While successful, Earley sought new ways to connect with every student. By incorporating Lü, the school unlocked new ways to make learning accessible for students of all ages and abilities.

Earley quickly noticed that students seemed more motivated, confident, and focused in PE class. Rather than completing the same activities over and over again, Lü added a level of excitement to learning.

> ***"The students' reactions are probably my favorite feedback. They get excited when they see Lü turned on. I've had students tell me, 'That was so much fun!' and ask if we can do the activity again."***



Looking Ahead

Five years after deployment, Stillwater Township School continues to discover new ways to integrate Lü into its physical education curriculum.

By encouraging every learner, even those who are typically less enthusiastic about physical education, Lü cultivates a positive classroom culture that leaves students wanting more.

> ***"We've had Lü for five years, and I still use it and still see students get excited about it. For me, that's what makes it valuable."***